

Road Trip

Buses

Various bus-routing options are available. Receive up to **15% discount**.

Flights

As a member, you receive up to **15% discount** on flights available on most major airlines - internationally and locally.

Accommodation

All star ratings and accommodation options available - locally and internationally. Receive up to **35% discount** which includes Protea Hotels, City Lodge Group, Southern Sun Hotels, and many more!

Contiki Holidays

For more than 40 years, Contiki has been the worldwide leader of holidays for 18-35's. Contiki offers touring holidays around the globe covering Australia, New Zealand, North America and Europe, plus their latest offering - Contiki Resorts. Receive **15% discount**.

Luxury Trains

A luxury train tour is the best way to explore the world - spending your time being there, not getting there. A collection of train tours are offered. Receive up to **10% discount**.

Netcare Travel Clinics

Netcare Travel Clinics is a national network of specialised centres that cater for the medical needs of travellers. You receive **30% discount off** consultations and occupational health assessments.

Thompsons Holidays

All packages through Thompsons Tours are available to you at a **discount of up to 10%**. Thompsons Tours is the largest tours-packaging company in South Africa. Plan your holiday with them now.

Cruises

Enter the world of cruising, enjoyable evenings and sun-soaked days. Receive up to **15% discount** on most major cruise liners.

Car Hire

Book your next car rental through our travel desk and experience exceptional service. Students have access to a wide selection of cars available through most major car hire companies such as Holiday Autos, Europcar Rental, Avis and Budget. **Receive up to 20% discount**.

American Express Foreign Exchange

American Express Foreign Exchange, the world's largest and most professional foreign exchange provider, has the expertise and branch network to provide outstanding foreign exchange services to members - making their service levels unmatched within the industry. You receive **0.5% discount** on commission.

This and That

Movie Tickets

Ster-Kinekor offers great entertainment on the latest movie releases. Receive **20% discount off** movie tickets at Classic or Junction cinemas.

Relax and Unwind

Students receive **10% discount** from Mangwanani on spa packages and products as well as **10% discount** from Healthspas.co.za.

Pre-Paid Electricity

Students receive up to **2% discount off** on pre-paid electricity.

Q-ing Services

Q-ing Services stands out from the rest because they deliver on their promises. Put them to the test and receive a **10% discount**, Gauteng only (excluding department fee).

First Aid Kits

Students receive up to **15% discount** on the following first aid kits: Car kits, Home and away kits, Executive car kits, Business metal box, Business plastic wall box.

Repatriation of mortal remains

Should a student's death occur away from home, a case manager at Europ Assistance SA will make all the arrangements. Repatriation is arranged when the deceased's body is more than 100km from their place of residence, within South Africa and neighbouring countries e.g. Lesotho, Namibia, Mozambique etc including International repatriations. All the arrangements to transport mortal remains as requested by the family are managed and special care is taken to consider particular customs and beliefs. The benefit includes assistance with the necessary documentation and co-ordination with the authorities to transport the deceased's mortal remains back to the normal area of residence internationally.

Contact Europ assistance on **0861 127 332**.

momentum

Contact us on **0861 200 100**
www.go-health.co.za

Disclaimer: Partners, percentages and benefits may change from time to time. Terms & Conditions Apply. E. & O.E

momentum

GO! Health

FREE Rewards Programme
for students **2012**



The Think Tank

Text Books

Students receive **10% discount** on all text books from Pulp Books.

Laptops, Notebooks and other Electronics

Students receive **up to 10% discount** from Shop and Ship on laptops, accessories, Apple products as well as the latest handsets from Blackberry, HTC, Nolia, Samsung and Sony Ericsson.

HP Shop offers GoHealth students discounts on PCs, notebooks, PDAs, as well as a wide selection of award winning digital cameras, printers, scanners and consumables.

Education Matters

Education Matters South Africa cc provides qualified and screened tutors who travel to learner's homes to provide one-on-one tuition for first year university students. Pay for **10 hours of lessons and get 1 extra hour FREE**. Get **10% discount** on all packages except the 10 Lesson Package.

*Tuition subject to area and availability of tutors for that specific subject.

Shape Up

Virgin Active

Virgin Active is about health and wellbeing. With over 80 gyms nationwide, they've created a refreshingly different environment that'll help you shine inside and out. **Receive a discounted joining fee, 50% off the pro-rata fee and no card fee.**

Contours Express

Contours Express is a fitness and weight loss studio that has helped hundreds of thousands of women across the globe achieve their fitness goals. **No joining fee payable (normally R600)**. Members receive a free healthy eating plan booklet on joining. Monthly subscription is R250 on an annual contract. If the branch is charging less than R250, the cheaper rate will apply.

EatforLife

When signing up with EatforLIFE, receive access to a unique, easy to use, online programme which promotes healthier eating for life. The EatforLIFE programme is based on balanced nutrition, an active lifestyle and a balanced approach to living. **Join the programme for three months and get the fourth month free.**

Run/Walk for Life

Run/Walk for Life, South Africa's leading weight-loss and fitness provider, caters for people of ALL levels of fitness. The scientific and computerised measurements recorded by each member after every session, have shown that within as little as three to six weeks you will experience a definite increase in fitness levels. You will also be less stressed and much more productive. **Receive either R350 off the price of a new annual subscription or R350 off a pair of New Balance running shoes.**

Shapes for Women

Shapes for Women is South Africa's hottest new exercise concept that caters EXCLUSIVELY for women. It takes only 30 minutes per workout and is great for any age, any shape and any size. Their unique equipment burns fat, tones muscle and improves cardio performance - all in a friendly, non-pretentious workout environment. **No joining fee payable (normally R600)**. Members receive a free healthy eating plan booklet on joining. Monthly subscription is R250 per month on an annual contract. If the branch is charging less than R250, the cheaper rate will apply.

Vital Health Foods

Vital Health Foods, South Africa's leading health food company is creating and setting new standards through science, history and experience. For further information, please visit www.vital.co.za. Health is security. Good health is Vital. **You have access to Vital Club Member prices.**

The Players Golf Club

The Players Golf Club not only provides golfers with a cost effective alternative, but also provide their members with services exclusive to The Players Golf Club. Receive a **saving of up to R200** on membership and **access to value-added services.**

Go-Getter

Cellphone Contracts and Airtime

Receive **up to 10% discount off** airtime on all networks as well as special deals on cell phone contracts from Virgin Mobile.

Electronics and Gadgets

Students receive **up to 10% discount off** on all electronic accessories and gadgets from Shop and Ship.

CDs and DVDs

A comprehensive selection of popular music CDs, DVDs and music DVD titles. Receive a **15% discount** when spending R150 or more on DVDs or CDs purchased via the call centre.

Books, Magazines and Newspapers

Receive up to **35% discount** on annual subscriptions of over ten newspapers and **up to 35% discount** on the annual subscriptions of over 70 magazine titles, as well as **10% discount** on all books.

FREE Entertainment Concierge

Depending on your needs, we will source the relevant service providers for theatre, events, go-carting, sport and recreation, paintball and adventure as well as check availability and make bookings.

My Ride

SA Cabs

Students receive **10% discount** on SA Cab services.

Lets Talk Cars

Lets Talk Cars does whatever they can to find students the perfect vehicle at the best price in the market through reputable dealers anywhere in South Africa. **Save up to 8%** on your purchase price. **This service is FREE.**

TomTom

Students receive **up to 20% discount** on TomTom products so that you can find your way the easy way.

Advanced Driving

The single biggest cause of motor accidents is human error and the inability to adapt appropriately to potentially hazardous situations. For your convenience we offer a concierge service, sourcing driving courses to suit your requirements.

Auto Concierge

Using a comprehensive dealer database, a dedicated consultant will contact all the workshops and car dealerships in a member's area and source the best prices on vehicle parts or accessories that a member may need.

Buying a Second-Hand Car Checklist

Contact the call centre to receive useful tips and advice when purchasing a second-hand vehicle.

mTrack

Receive **17% discount** on the tracking unit, **17% discount** on monthly subscriptions and **12.1% discount** on lease purchase.

SecureFit (a member of the Glasfit group)

Secure-Fit offers you the full range of automotive accessory solutions in all major metropolitan areas. These include:

- Safety and Security Film
- Run-flat tyres
- Paint protection systems
- Automotive entertainment and safety systems
- Vehicle tracking

You receive **R150 off** each of the above products.

GO! Health

