

Focus on the Ingwe Option Chronic Benefit

The Chronic Benefit covers certain life-threatening conditions that need ongoing treatment. This includes cover for the 26 Chronic Disease List conditions, and forms part of the Prescribed Minimum Benefits. To activate these Chronic Benefits, you need to register and get approval.

Option	Ingwe
Cover	26 conditions according to the Chronic Disease List in the Prescribed Minimum Benefits: no annual limit applies
Provider	Ingwe Primary Care Network

How to get Chronic Benefits

You need to get your chronic prescription from your chosen Ingwe Primary Care Network doctor, and your chronic medication from Medipost pharmacy. Please ensure that the script is sent to Medipost, as they will arrange delivery of the medication to you.

Remember that benefits are dependent on the Network entry-level formulary. A formulary is a list of medicines covered on your option, from which a doctor can prescribe the appropriate medication for your chronic condition. If your treating doctor prescribes medicine that is **not on the formulary** and the medicine is clinically appropriate, **then you will need to pay a 30% co-payment.**

- Ask your Ingwe Primary Care doctor to phone us on 0860 11 78 59.
- The chronic benefit consultant will either approve or decline the benefit telephonically.
- We may need additional information from your doctor, such as the correct ICD 10 code (diagnosis code) and applicable test results, in order to complete the registration process for your condition or medicine
- Once your chronic registration has been approved, you need to send your prescription to Medipost to arrange for your chronic medication to be delivered. You can contact Medipost on 012 426 4000, or send your prescription via fax to 0866 82 33 17, or email it to mhealth@medipost.co.za.

If your doctor completes the Ingwe Chronic application form, this can be faxed or emailed to us to facilitate the chronic registration process. You also need to send your prescription to Medipost for them to dispense and deliver the medication.



Important notes

- You need to register on the chronic management programme and get approval for chronic medication to be paid from the Chronic Benefit.
- Please have a look at the list of chronic conditions in your member brochure for more information on the chronic conditions covered on your option.
- You can view the list of medication applicable to your benefit option at <https://secure.mediscor.co.za/adocs/SchemeFormularies/momentum05.html>
- Our chronic management programmes ensure that each member who registers for a chronic condition receives the most appropriate treatment and medication.
- When a chronic illness is managed effectively, your risk of complications or side effects will be much lower. Momentum Medical Scheme uses set guidelines and protocols to clinically assess every Chronic Benefit application to make sure that the medicines used are appropriate, cost-effective and prescribed in the correct dosage.